

FLOORTIME PRINCIPLES/STRATEGIES

- **Follow their Lead:** join in their ideas and emotions. Look for the subtle cues
- Convey that whatever they are doing is the **most important** thing in the world to you **at that moment**
- Treat whatever the child is doing as **intentional**
- Use favorite modes of **sensory input** to engage
- **Co-regulation** first
- **We are the first toy!!**

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FLOORTIME PRINCIPLES/STRATEGIES (CONTINUED)

- Go for the “**Gleam in the Eye**”
- Join in their **comfort zone** and gradually expand
- **Be a character** in pretend play and gradually introduce challenges and conflict
- Use experiences from the child’s real life to enhance pretend play.
- **Be silly:** throw curves that the child does not expect.

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